

INTEGRATION

The kimono as therapy for very special children

With integration in their classes, LithoJudo has improved the self-esteem of children suffering from some disorder. An effort that has come until the Paralimpic Games

→ M. Alonso

Adrian, at 9 years of age, plays on the mat enthusiastically and a smile almost as immense as the one that reaches his father's face when he talks about him.

He has a cochlear implant, is hypoxic, sensorineural and has ADHD. Difficulty communicating and that sometimes causes anxiety.

Anyone would say seeing him enjoy in Lithojudo where he comes from a few months ago Long enough to notice at home as his father tells us.

Something similar happens with another boy suffering from asperger syndrome, Her mother confesses proudly that this place is the best she has found for her son to communicate and participate, in this school they are helped to grow, since the teacher is more than a coach, he is an educator.

Lito, is Gabriel Vera, a judo teacher who has been able to integrate children with special



JUDO. Adrián, junto a su monitor Lito.

needs into their classes and turn them into champions. To some because it has helped them overcome their fears and others because they have learned to be more generous and understanding with those who need it without discrimination

Gabriel Vera has been working with ONCE and as a Technician

of the FEDEC, with Persons with Visual Impairment, Blindness and Deafblindness for almost 25 years. He tells us that he is very pleased to know that sport, and judo in helps these people to overcome their problems in everyday life.

With some of them, he has taken his trajectory since child-

hood, his commitment to make these young people advance, has allowed the birth of elite athletes, such as Abel Vazquez, present in three paralympics, -games a constant struggle that does not cease, with the support of the Delegations of Tourism and Sport, leaving the name of Bormujos high.

breves

El consumo de drogas entre la juventud, cada vez más pronto

→ M. Alonso

Según un estudio realizado en enero de 2016 en Bormujos por el equipo del Programa "Prevención del Consumo de Drogas" de la Delegación de Bienestar Social, el 80,1% de los adolescentes consumen alcohol y de éstos, casi el 50% han iniciado el consumo antes de los 12 años.

Datos muy preocupantes que hacen pensar en la necesidad de concienciar a la juventud sobre los peligros de las drogas y el alcohol y en buscar el fomento de valores, creencias y actitudes favorables a su salud. A eso va destinado este programa que tiene por objeto trabajar principalmente con estudiantes y padres.

La problemática se extiende principalmente a los fines de semana y botellonas, donde aseguran se centra el consumo. el 66,7% de los alumnos consume o ha consumido cachimba, el 31,1% cannabis y de éstos el 8,6% de manera habitual.

Este programa irá actualizando consejos y responderá dudas y cuestiones de padres y jóvenes a través de la web municipal www.bormujos.es

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Muchos mundos por leer

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